Kids' health information hub

NHS
Barts Health
NHS Trust

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Access information using your smartphone

To scan a QR code:
1. Use your mobile's camera or a QR code scanner app
2. Point the camera or the QR scanner at your chosen code
3. You will get a link to the information you want – click on the world icon at the top for a translation

1 Abdominal pain	**2** Afebrile seizure	**3** Asthma
4 Bronchiolitis (lung infection)	**5** Cellulitis (skin infection)	**6** Constipation
7 Coughs/colds under a year old	**8** Coughs/colds over a year old	**9** Croup
10 Crying baby under 3 months	**11** Diarrhoea and vomiting	**12** Febrile convulsion
13 Fever under 5 years	**14** Fits, faints and funny turns	**15** Headache
16 Head injury	**17** Jaundice in babies	**18** Limp
19 Otitis media (earache)	**20** Periorbital cellulitis (eyelid infection)	**21** Swallowed foreign object
22 Tonsillitis (sore throat)	**23** Urinary tract infection (UTI)	**24** Viral wheeze
25 Safe sleep	**26** Should my child go to school/nursery today?	

Healthier Together
Leaflets available at
what0-18.nhs.uk
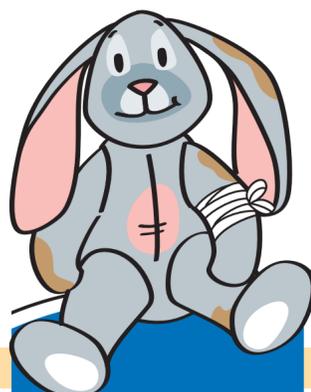
Do you need help?

For non-urgent help speak to your local pharmacist or health visitor
For urgent help contact your GP or call NHS 111
In an emergency call 999 or go to A&E